

NCMC to begin "Youth Karate Camp"

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Sports

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Posted on : 2012/5/30 11:27:32

North Central Missouri College faculty member Scott Keith has announced the formation of a new Karate summer camp for area youth.

Keith, a Third Degree Black Belt in Shotokan Karate, will be the lead instructor. Other martial arts instructors with expertise in Tae-Kwon-Do and Judo will participate as well. Instruction will be provided on the beginners level.

The Karate camp is set for July 16 through 26 and meets Monday through Thursday for one hour each morning. All area youth ages 8 through 14, both boys and girls, are encouraged to participate. The camp fee is \$40.

The goal of the camp is to expose students to the area of martial arts. Keith said, "Karate is about self-discipline, respect, and being a good person. This camp is designed to teach the Karate basics, giving students the opportunity to have fun while practicing their concentration and physical agility skills. The students will not be engaged in fighting techniques."

Registration forms for Karate camp are available on the college's website at <http://www.ncmissouri.edu/athletics> or at the Ketcham Community Center on the NCMC campus in Trenton. Scott Keith can be contacted for further information at skeith@mail.ncmissouri.edu or 660-359-5425.