

Mom Welcomes 14.5 Pound Baby Via C-Section

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BOSTON (WCVB/CNN) — Baby Carisa has a good set of lungs and everything else is working fine, all 14.5 pounds of her.



"I heard the weight and I was like, 'Oh, my God.' It validated me because I was in a lot of pain when I was pregnant, so to hear her size, it made sense," said her mother Caroline Ruscak.

She's the biggest infant delivered at Massachusetts General Hospital in Boston in 12 years and likely the state's largest newborn this year.

"I took a picture of the scale just to document it because I couldn't believe how big she was," her father Bryan Ruscak said. "And she was long, too — 22 inches is long. That's what we like long and big. That's what I am."

"Her first baby was 10.5 pounds, so we weren't surprised," said OB-GYN Dr. Jennifer Kickham. "We were expecting a big baby, but we weren't expecting one quite that big. The baby came out screaming and crying and it was a beautiful delivery."

Diabetes is not a problem for mom or baby who is the size of a traditional six-month-old. Mom is now recovering from the caesarian section.

"We're lucky that she's healthy and things are going great so far," Caroline Ruscak said.

"I've been teased a lot, so I'm a good sport, no problem with me, it's all good as long as they don't say anything bad about my little girl," Bryan Ruscak said.